

PSHE	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 7	Equalities <ul style="list-style-type: none"> • Transition • Equalities Act • Stereotypes • Community • Respect 	Personal Safety <ul style="list-style-type: none"> • First Aid • Fire Safety • Everyday Life • Personal Hygiene 	Wider world <ul style="list-style-type: none"> • Ambitions • Strengths • Learning style 	Careers <ul style="list-style-type: none"> • Unifrog • Interests • Transferable skills 	Health & Relationships <ul style="list-style-type: none"> • Body image • Puberty • Periods • Identity 	Wellbeing <ul style="list-style-type: none"> • Online • Bullying • Media Influences • Sleep choices
Year 8	Equalities <ul style="list-style-type: none"> • Transition • Equalities Act • Stereotypes • Community • Respect • Gender • Ageism • Homophobia 	Wellbeing <ul style="list-style-type: none"> • Fake news • Online Wellbeing • Media Influences • Body Image • Physical & Mental Wellbeing 	Wider world <ul style="list-style-type: none"> • Budgeting • Keeping Money Safe • The world of Work 	Relationships <ul style="list-style-type: none"> • Introduction • Family • Healthy relationships • Healthy Friendships • Romantic Friendships 	Health & Relationships <ul style="list-style-type: none"> • Physical Intimacy • Unhealthy relationships • Consent • Contraception 	Health & Relationships <ul style="list-style-type: none"> • Developing awareness • Reproductive systems • Privacy • FGM • Forced marriage
Year 9	Personal Safety <ul style="list-style-type: none"> • Smoking • Vaping • Drugs & the Law • Knife Crime • Online Safety 	Equalities <ul style="list-style-type: none"> • Discrimination • Racism • Anti Racism • Sexual Violence • Harassment 	Wider World <ul style="list-style-type: none"> • Change in Life • Study Skills • Resilience • Stress at work 	Careers <ul style="list-style-type: none"> • Pathways to future • High Expectations • Goal Setting • Financial decisions 	Wellbeing/Body <ul style="list-style-type: none"> • Internet • Influence • Body Image • Periods 	Relationships <ul style="list-style-type: none"> • Developing Sexuality • Contraception • Consent • Sexual Health` • STIs



DREAM
BIG



AIM
HIGH



NORTHAMPTON
SCHOOL

WORK
HARD



ACHIEVE
GREATNESS

