

Dance	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 7	<p>Introduction to Dance</p> <p>Developing fundamental knowledge of Relationships, Actions, Dynamics, Space (RADS). The ‘language’ of Dance. Developing a Motif.</p>	<p>Choreography</p> <p>Selecting RADS to support a theme or narrative. Creating appropriate motifs and using choreographic devices to develop them.</p>	<p>Set Dance – Arena</p> <p>A ‘Ninja’ themed set dance, introducing students to the essential technical, physical, expressive and mental skills needed to be a successful dancer.</p>	<p>Duet choreography – Arena</p> <p>Continuing the theme from the previous unit, students continue to develop their choreography skills by creating duets inspired by the Ninja set dance. Applying their knowledge of RADS and choreographic devices to communicate an idea.</p>	<p>Ensemble Performance – Greased Lightning</p> <p>Students study how to create a character through performance, applying their knowledge of performance skills to characterisation. Students also begin to understand what it means to perform as part of an ensemble.</p>	<p>Ensemble Performance – Greased Lightning</p> <p>Continuing the work from the previous unit, students create ‘mechanic’ inspired choreographies. All Year 7 students are invited to perform this dance as part of ‘NS Fest’ giving them valuable real-world experience of performing in an ensemble.</p>
Year 8	<p>Maze Runner</p> <p>A performance and choreography unit inspired by the Maze runner books and movie series. Students learn a set phrase, applying their physical, technical, and expressive skills in ways that suits both the style and intent. Students then create choreography with this intent, develop their ability to manipulate space and contact work to support the theme.</p>		<p>Thriller</p> <p>Students will study Michael Jackson’s Triller and discover the cultural and historical significance of the music video in commercial dance and popular music. They will learn repertoire from the music video, testing their performance skills in a new style and to portray a clear character.</p>		<p>Street / Break Dance</p> <p>Students will understand the complex and rich origins of urban dance styles. Students will learn several breakdance steps and again, diversify their application of performance skills to suit this style, transferring their skills to this new and challenging context. They will create breakdance sequences to ‘battle’ their peers, learning the importance of commitment and confidence in performance. They finish the unit by learning repertoire from Diversity and understanding their cultural significance in urban dance.</p>	

<p><b>Year 9</b></p>	<p><b>GCSE Set Dance</b></p> <p>This unit focusses on safe dance practice, physical, technical and expressive skills. Students learn to create and lead their own warm up sequences, equipping them to take more responsibility of their studio practice. They learn one of the GCSE Set Phrases as a real test of their performance skills.</p>	<p><b>Ensemble Performance</b></p> <p>Each class will prepare a whole class ensemble performance for the NS Evening of Dance. Through this project, they will learn how RADS are utilised in a large ensemble setting, developing their advanced choreography skills. They will also gain valuable experience as part of a larger ensemble, and spend time understanding how dancers need to adapt their performance and rehearsal skills to ensure the success of the ensemble.</p>	<p><b>Ensemble Performance</b></p> <p>Continued from previous term.</p>	<p><b>Anthology</b></p> <p>Students will study one of the GCSE professional dances and develop their analytical skills, analysing RADS and features of production to infer meaning. They will study the work holistically, learning repertoire from the dance and replicating the choreographers choreography process by creating dance in the style of the choreographer.</p>	<p><b>Personal Project</b></p> <p>The culmination of KS3 Dance study at NS, students will create a final choreography on a stimulus of their choice. They will demonstrate their understanding of choreography and performance in a independent, student led project. Final outcomes will be performed at NS Fest.</p>	
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DREAM  
BIG



AIM  
HIGH



NORTHAMPTON  
SCHOOL



WORK  
HARD



ACHIEVE  
GREATNESS

