

NORTHAMPTON SCHOOL MENU



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAK	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> CHEESE BAGEL- <u>V</u> VEGAN SAUSAGE ROLL- <u>VG</u> SAUSAGE ROLL PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>VG</u> ½ PIZZA BAGUETTE- <u>V</u> PRETZEL- <u>VG</u> PIZZA BAGEL- <u>V</u> BACON & CHEESE MUFFIN EGG & CHEESE MUFFIN- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> PIZZA BAGEL- <u>V</u> BACON BAGUETTE QUORN DOG- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> ½ PIZZA BAGUETTE- <u>V</u> PRETZEL- <u>VG</u> BACON & CHEESE BAGEL HASH BROWN & CHEESE BAGEL- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> CHEESE BAGEL- <u>V</u> BACON BAGUETTE QUORN DOG- <u>V</u> PANINI SELECTION
MAIN 1	SPAGHETTI BOLOGNAISE & MIXED SALAD	SAUSAGE & MASH WITH PEAS	ROAST CHICKEN DINNER	CHICKEN TIKKA MASALA & RICE <u>H,GF</u>	BREADED FISH FILLET & CHIPS GF FISH AVAILABLE
MAIN 2	VEGAN BOLOGNAISE & MIXED SALAD - <u>VG</u>	VEGGIE SAUSAGE & MASH WITH PEAS	ROAST QUORN DINNER	QUORN CURRY & RICE <u>V</u>	VEGGIE PIZZA & CHIPS- <u>V</u>
HOT FOOD TO GO	TOPPED JACKET POTATOES & PASTA WITH SAUCES SERVED DAILY				
GRAB & GO	SEASONED WEDGES - <u>GF</u>	NACHOS- <u>V,GF</u>	SEASONED WEDGES- <u>GF</u>	NACHOS- <u>GF</u>	CHIPS & BEANS- <u>G/F, VG</u>
GRAB & GO	¼ POUNDER & CHEESE	CHICKEN WRAP- <u>H</u>	LOADED WEDGES	JUMBO HOT DOG IN A BRIOCHE BUN	CHICKEN BURGER- <u>H</u>
GRAB & GO	SPICY BEAN BURGER - <u>VG</u>	VEGGIE WRAP- <u>V</u>	VEGGIE FLATBREADS- <u>V</u>	QUORN DOG - <u>V</u>	FRESHLY BAKED PIZZA OF THE DAY
GRAB & GO	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY	

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

GF= GLUTEN FREE

H= HALAL

V= VEGETARIAN

VG= VEGAN

**PLEASE NOTE ALL DIETARY REQUIREMENTS CAN BE CATERED FOR, ALLERGENS AVAILABLE, PLEASE SPEAK TO A MEMBER OF THE KITCHEN STAFF*

NORTHAMPTON SCHOOL MENU



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAK	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> CHEESE BAGEL- <u>V</u> VEGAN SAUSAGE ROLL- <u>VG</u> SAUSAGE ROLL PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>VG</u> ½ PIZZA BAGUETTE- <u>V</u> PRETZEL- <u>VG</u> BACON & CHEESE MUFFIN EGG & CHEESE MUFFIN- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> PIZZA BAGEL- <u>V</u> BACON BAGUETTE QUORN DOG- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> ½ PIZZA BAGUETTE- <u>V</u> PRETZEL- <u>VG</u> BACON & CHEESE BAGEL HASH BROWN & CHEESE BAGEL- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> CHEESE BAGEL- <u>V</u> BACON BAGUETTE QUORN DOG- <u>V</u> PANINI SELECTION
MAIN 1	BEEF LASAGNE WITH GARLIC BREAD	CHIPOLTLE CHICKEN WITH WEDGES & PIRI SLAW	ROAST PORK DINNER	CHICKEN KORMA & RICE- <u>H,GF</u>	BREADED FISH FILLET & CHIPS
MAIN 2	VEGGIE LASAGNE WITH GARLIC BREAD - <u>V</u>	MEXICAN QUESADILLA, WEDGES & PIRI SLAW- <u>V</u>	<u>ROAST QUORN DINNER</u>	QUORN THAI GREEN CURRY & RICE - <u>V</u>	VEGGIE PIZZA & CHIPS - <u>V</u>
HOT FOOD TO GO	TOPPED JACKET POTATOES & PASTA WITH SAUCES SERVED DAILY				
GRAB & GO	SEASONED WEDGES - <u>GF</u>	NACHOS- <u>V,GF</u>	SEASONED WEDGES- <u>GF</u>	NACHOS- <u>GF</u>	CHEESY CHIPS- <u>G/F, VG</u>
GRAB & GO	¼ POUNDER & CHEESE	CHICKEN WRAP- <u>H</u>	LOADED WEDGES	JUMBO HOT DOG IN A BRIOCHE BUN	CHICKEN BURGER- <u>H</u>
GRAB & GO	SPICY BEAN BURGER - <u>VG</u>	VEGGIE WRAP- <u>V</u>	VEGGIE FLATBREADS- <u>V</u>	QUORN DOG	VEGETARIAN BURGER- <u>V</u>
GRAB & GO	PIZZA OF THE DAY	PIZZA OF THE DAY	PIZZA OF THE DAY	PIZZA OF THE DAY	PIZZA OF THE DAY
BISTRO	SELECTION OF HOT FRESHLY MADE PANINIS, FLATBREADS, TOASTIES AND WRAPS				

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NORTHAMPTON SCHOOL MENU



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAK	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> CHEESE BAGEL- <u>V</u> VEGAN SAUSAGE ROLL- <u>VG</u> SAUSAGE ROLL PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>VG</u> ½ PIZZA BAGUETTE- <u>V</u> PRETZEL- <u>VG</u> PIZZA BAGEL- <u>V</u> BACON & CHEESE MUFFIN EGG & CHEESE MUFFIN- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> PIZZA BAGEL- <u>V</u> BACON BAGUETTE QUORN DOG- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> ½ PIZZA BAGUETTE- <u>V</u> PRETZEL- <u>VG</u> PIZZA BAGEL- <u>V</u> BACON & CHEESE BAGEL HASH BROWN & CHEESE BAGEL- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> CHEESE BAGEL- <u>V</u> BACON BAGUETTE QUORN DOG- <u>V</u> PANINI SELECTION
MAIN 1	TERIYAKI SALMON NOODLES & STIR FRY VEGETABLES	BBQ CHICKEN MACARONI & CHEESE	ROAST CHICKEN DINNER	BEEF CHILLI & RICE/NACHOS	BREADED FISH FILLET & CHIPS
MAIN 2	EGG NOODLES WITH STIR FRY VEGTABLES	MACARONI CHEESE- <u>V</u>	ROAST QUORN DINNER	VEGGIE CHILLI & RICE/NACHOS	VEGGIE PIZZA & CHIPS - <u>V</u>
HOT FOOD TO GO	TOPPED JACKET POTATOES & PASTA WITH SAUCES SERVED DAILY				
GRAB & GO	SEASONED WEDGES - <u>GF</u>	NACHOS- <u>V, GF</u>	SEASONED WEDGES- <u>GF</u>	NACHOS- <u>GF</u>	CHIPS & BEANS- <u>G/F, VG</u>
GRAB & GO	¼ POUNDER & CHEESE	CHICKEN WRAP- <u>H</u>	LOADED WEDGES	JUMBO HOT DOG IN A BRIOCHE BUN	CHICKEN BURGER- <u>H</u>
GRAB & GO	SPICY BEAN BURGER - <u>VG</u>	VEGGIE WRAP- <u>V</u>	VEGGIE FLATBREADS- <u>V</u>	QUORN HOTDOG	VEGETARIAN BURGER- <u>V</u>
GRAB & GO	PIZZA OF THE DAY	PIZZA OF THE DAY	PIZZA OF THE DAY	PIZZA OF THE DAY	PIZZA OF THE DAY

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

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