

The NSB Trust: Relationships and Sex Education Curriculum Map

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Healthy Relationships	Healthy Relationships – conflict	Healthy Relationships – emotional abuse	Healthy Relationships	Healthy Relationships	Healthy Relationships – features and difficult conversations	Fertility and intimate health part 1
Family Relationships	Committed Relationships	Consent	How to talk about consent	Consent and image sharing	Consent and risk	Fertility and intimate health part 2
Consent	Puberty – how do hormones affect us	Harassment	How to talk about contraception	Tackling technology and relationships	What is sexual harassment?	Forced Marriage
Harassment	Consent	Peer Pressure and Intimacy	Harassment	Harassment	Sending images	FGM
Puberty part 1	Harassment	Sending images – relationships and online safety	Intimate Health and Fertility Part 1	Harmful Sexual behaviour	Contraception choices	Impact of pornography on relationships and intimacy
Puberty part 2	Sharing Images	How pornography can impact relationships part 1	Intimate Health and Fertility Part 2	Contraception choices	Intimate Health and STIs	Subcultures
Assessment	Assessment	How pornography can impact relationships part 2	Boundaries in relationships and assessment	STI's and your intimate health	Pregnancy options	Sending images and risk
		Relationship Attitudes		Menstruation and Menopause		
		Assessment		Difficult conversations in relationships		
		Respectful Relationships and power dynamics		Unplanned pregnancy		

N.B. Sex education lessons are highlighted in purple