

Letter to request removal from RSE lessons (deemed to contain Sex Education content)

Dear Parents and Carers,

At Northampton School, we are committed to supporting your child's personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. Our curriculum is structured around four core themes: Health & Wellbeing, Living in the Wider World, Safety, and Relationships. These themes reflect the values that lie at the heart of our school ethos—honesty, integrity, humility, perseverance, tolerance, kindness, and respect for all by all.

We recognise, in line with the Department for Education (DfE), that Parents and Carers are the primary educators for children in many of these areas. We therefore view the partnership between home and school as essential in complementing and reinforcing the guidance you provide.

PSHE is taught to all year groups and is regularly monitored and reviewed by staff and the governing body. All lessons take place in a safe, supportive learning environment and are delivered in a way that respects and includes students of all backgrounds and beliefs. We remain committed to promoting equality, diversity, and mutual respect throughout our curriculum.

Under current DfE regulations, all secondary schools must deliver compulsory Relationships and Sex Education (RSE). Today's young people navigate an increasingly complex world, and RSE helps equip them to stay safe, make informed decisions, and manage their academic, personal, and social lives positively. We follow the statutory DfE guidance for Relationships Education, RSE, and Health Education. This content is taught within the Relationships unit for each year group from Years 7–11, with lessons scheduled at age-appropriate points during the school year.

In accordance with DfE guidelines, Parents and Carers have the right to request that their child be withdrawn from some or all aspects of Sex Education delivered as part of statutory RSE. Students also have the right to opt into Sex Education themselves from three terms before their 16th birthday. Details of which lessons are classified as Sex Education are available on our school website.

If you are considering withdrawing your child from any part of Sex Education, please complete the attached form. Once we receive it, we will arrange a meeting with you to discuss your concerns. This form is also available to complete online via our website.

Full information about our PSHE and RSE curriculum, along with our RSE Policy, can be found on the school website.

If you have any questions, please do not hesitate to contact the school.

Yours sincerely,

Mrs Barnett-Vincent

Student name		Student Form
Briefly outline reasons for concern		Topic(s) Titles
Please give days/times you are available to meet		
Parent/Carer name and contact details		Parent/Carer name and contact details
Signature		Signature